



Medical Micropigmentation

General After Care Instructions for Permanent Make-up Applications & Eyebrow Embroidery

For 7 days following the application of permanent cosmetics:

- Do not touch the healing pigmented area with your fingers, they may have bacteria on them and create an infection.
- Apply a thin layer of Vaseline 2 times daily until the procedure area has healed (not to the eye area). Always use a clean cotton swab and not your fingertips. We suggest Vaseline as it is non-reactive with most clients.
- No make-up, tinting of lashes or brows, sun exposure, soap, sauna, steam, exercise, Jacuzzi, swimming in chlorine pools or in the ocean.
- Before bathing, gently apply a light coating of Vaseline on the procedure area using a clean cotton swab. Continue this regime until the procedure is completely healed.
- Do not rub or traumatize the procedure area while it is healing, pigment may be removed along with crusting tissue.
- Use a 'sun block' after the procedure area has healed to prevent future fading of pigment colour.
- If you are a blood donor, you may not give blood for 1 year following your PMU application (as per RED CROSS).
- Touch up visits should be scheduled between 30-45 days post procedure. All PMU procedures are a two-step process. Results are not determined until touches up applications are completed.
- There is a fee for each top up session.
- If you experience any itching, swelling, blistering, or any other complications post procedure, stop using product and call your technician immediately. You may be allergic to the after-care product you are using. If you had an eyeliner procedure, do not use Vaseline, do not rub, scratch or irritate your eyes.
- If you have any questions or concerns, please notify your technician immediately.
- If you experience anything out of the ordinary phone your physician.
- Clients need to follow **ALL After Care Instructions** in order to obtain optimum results of their procedure(s).
- Aloe Vera can pull the colour out of some clients, so we suggest that they do not use this product while they are healing.
- Remember all procedures must **HEAL, PEEL, and FADE!** This process may take 7 to 10 days.
- Clients colour will look much darker in the first 10 days as the procedure has blood and lymph in it. After the area peels, the colour will be softer.
- Do not use **ANY** products that contain AHA's, Vit A, Retinol A or similar lightening and peeling products on the procedure area. Example: Lactic Acids Glycolic. (Check your product labelling and read the ingredients on the back of the bottle of product you are using). It will fade your pigment colour.
- Failure to follow the above advice will result in less than desired results.
- For any queries on the above mentioned, or if you need to contact us at any time, please see our contact details below.

If you have any questions or concerns, please notify your technician immediately.

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Tel: (01)2544245

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General Care Instructions

Follow all General Instructions

Lip After Care

- If you have ever had chicken pox, a fever blister or a cold sore, you must take Zovirax, Famvir, Valtrex or other anti-viral, pre and post procedure to prevent the outbreak of cold sores. There are no exceptions to this rule. If you do have an outbreak, it will usually occur on the third day after application as well as after each touch up.
- Do not eat citrus fruits and juices, greasy, salty, oily or spicy foods until your lips are completely healed.
- While eating, do not constantly wipe your lips with a napkin or keep licking your lips as this will impede the healing process.
- Be careful when brushing your teeth. Toothpaste may pull the pigment out of the lip vermillion. Also, do not bleach your teeth while your lips are healing.
- Using products with Lidocaine in them will help to soothe the 'chapped' feeling.
- Keep lips well lubricated for at least two weeks post procedure. (Vaseline is a good choice)
- After the initial healing period, apply a total sun block which is waterproof 3-4 times daily to prevent fading. (You may also use Vaseline or Chapstick)
- No smoking while lips are healing!

Eyeliner After Care

Do not use Vaseline on Eyes

- The client should have someone drive them to and from their eyeliner procedure.
- Do not use mascara for seven days post procedure. When you do resume the use of mascara, purchase a new one as the old one may have bacteria in it.
- Do not use your eyelash curler for a few days pre and post procedure. Clean your eyelash curler with alcohol prior to reusing it to destroy any bacteria on it.
- Do not wear contacts for 24 hours post procedure, wear glasses.
- Do not scratch or rub your eyes. Use an eye wash if the eyes itch.

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